Meals on Wheels

The Meals on Wheels program promotes independent living for homebound older adults through the delivery of a hot, nutritious meal Monday through Friday. We are committed to helping older adults live healthier and more nourished lives in their own homes. A suggested contribution of \$3 per meal is appreciated to offset the cost of the program. If you, or someone you know could benefit from having meals delivered, please call the Aging Resource Center at (414) 289-6874 to request an assessment.

To be eligible you must be:

- 60 or older
- A Milwaukee County resident
- Homebound
- Unable physically or mentally to prepare your own meals



To register call (414) 289-6874







